



**Pleasant Dale
Park District**

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****For Immediate Release****

Summer Softball Swings At Pleasant Dale Park District

Dust off the softball t-shirts and shoes. It's that time of the year again for the men's summer softball league at Pleasant Dale Park District. 20 teams with up to twenty players in two divisions have been participating in this summer tradition for over ten years. Though the teams may have changed over the years, the love of the game has not. This year, teams will play on newly refurbished ball fields located on Pleasant Dale Park District's Walker Park.

Monique Abbate, athletic coordinator at Pleasant Dale Park District runs the program and notes, "The league has expanded and really taken off over the past 5 years. We now have 20 teams, split into 2 divisions, which is amazing. The program has become not only a competitive league, but it is fun to play in as well."

Teams have battle for the glory of champion and just to have a fun night out with the guys. Teams range in age and are all very competitive. Abbate comments, "There are a few "experienced" 16" softball players who have been playing for years. Other teams have been playing as long as the age of some of the younger teams. The "less experienced" teams are mostly neighborhood boys in college that have played baseball. It really helps for them to play the "experienced" teams because they learn from them."

"Our summer softball league is an excellent opportunity for adults to participate in a competitive and fun recreation program. Teams come back every year because they enjoy the atmosphere Pleasant Dale Park District is able to create," says Pleasant Dale Park District Director, Rosalyn Wendt-Epting.

The league officially begins on May 11th, 2009 with game times on Monday and Wednesday evening between 6:30 PM and 10:30 PM. Registrations are taken on a team basis with priority given to teams who played last year. New teams can submit their team information starting April 27th, 2009. If a slot becomes available new teams will be contacted. Registration packets can be picked up at Pleasant Dale Park District's Recreation Center located on 7425 S. Wolf Road in Burr Ridge. The cost is \$589 for residents and \$729 for non-resident teams. For teams to obtain the resident rate, 51% of their roster must live within the Pleasant Dale Park District. There will be a mandatory captain's meeting on Monday, May 4th, 2009 at 6:30 PM at the Recreation Center.

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