

COVID-19 Illness Guidelines

In order to minimize the spread of COVID-19, it is critical that children do not come to Extra Innings while they are ill/or experiencing the symptoms of the virus. Below are questions that need to be reviewed daily before coming to before care. If the answer to any of the below question is “YES” please do not bring your child to before care.

Does your child

Feel feverish?

Have a cough?

Have a sore throat?

Have they been experiencing difficulty breathing or a shortness of breath?

Have muscle aches?

Have they had a new or unusual headache (e.g., not related to caffeine, diet, or hunger, not related to a history of migraines, clusters, or tension, not typical to the individual)?

Have they noticed a new loss of taste or loss of smell?

Have they been experiencing chills or rigors¹?

Do they have any gastrointestinal concerns (e.g., abdominal, pain, vomiting, diarrhea)?

OR

Is anyone in your household displaying any symptoms of COVID-19

To the best of your knowledge, have you or anyone in your household come into close contact² with anyone who has tested positive for COVID-19?

¹ Rigors: a sudden feeling of cold with shivering accompanied by a rise in temperature

² Close contacts include household contacts, intimate contacts, or contacts within 6-ft. for 15 minutes or longer (10 minutes or longer for ambulatory care services) unless wearing N95 mask during period of contact.

A child experiencing a fever or symptoms of the virus should not return to Extra Innings until:

- They have been fever-free for at least three (3) days, or such other period of time as may be directed, ordered or recommended by their personal physician, the CDC or IDPH, without taking medication to reduce fever during that time; AND
- Any respiratory symptoms have improved for at least three (3) days, or such other period of time as may be directed, ordered or recommended by their personal physician, the CDC or IDPH; AND
- At least ten (10) days, or such other period of time as may be directed, ordered or recommended by their personal physician, the CDC or IDPH, have passed since the symptoms began.

If a child has been exposed to someone who has been diagnosed with the virus, they should not return to Extra Innings until:

- 14 days have passed, or such other period of time as may be directed, ordered or recommended by their personal physician, the CDC or IDPH.

If a child tests Covid-19 positive, please call 630-662-6220 immediately. The CDC Guidelines state those in the same care group should be self-isolating for 14 days.

PLEASE SIGN BELOW AND KEEP THE ABOVE FOR REFERENCE

I, THE UNDERSIGNED HAVE RECEIVED AND REVIEWED THE COVID-19 RULES AND GUIDELINES FOR EXTRA INNINGS, A PLEASANT DALE PARK DISTRICT PROGRAM HELD AT PLEASANTDALE ELEMENTARY SCHOOL. I AGREE TO ABIDE BY THE PROCEDURES SET IN PLACE.

CHILD/CHILDREN'S NAME(S)_____

PARENT'S NAME_____

PARENT'S SIGNATURE_____

DATE_____